



SCHOOL OF ALLIED HEALTH SCIENCES
 (An ISO 21001 : 2018 Certified Institution by QCI, NABCB Approved TUV-SUD)
VINAYAKA MISSION'S RESEARCH FOUNDATION
 (Deemed to be University), SALEM



VIMS Hospital, Salem | Puducherry | Chennai

VMRF - DU (Declared Under Section 3 of the UGC Act, 1956) (Accredited by NAAC 'A' Grade)



Department of Optometry

Organizes

V-OPTO 2025

Clinical Workshop

Theme : " Basics to Brilliance "

COMPETITIONS
GUIDELINES



Accredited by the
 Optometry Confederation of India (OCI)
 with 15 CE points



18.04.2025 & 19.04.2025



SAHS, VMRF-DU, Puducherry Campus

ELIGIBILITY CRITERIA: (Applicable to all the Competitions)

1. Optometry students (B.Optom / M.Optom), Optometry fellowship students can participate in the contests
2. Student should submit their bona-fide certificate
3. Maximum of two entries per student in each contest
4. Should be registered for the conference V-Opto 2025
5. No restrictions on the number of entries per college

POSTER PRESENTATION

1. Abstract submission requires the successful conference registration confirmation
2. Abstract should be structured under following subheadings:
(i) Purpose, (ii) Methods, (iii) Results and (iv) Conclusion for original research or
(i) Introduction, (ii) Case details, (iii) Management, and (iv) Outcome for case report.
3. Abstract should be no longer than 300 words
4. Abstract should contain title of the abstract, authors details with appropriate affiliations and abstract content
5. Poster template and abstract ID will be provided once your abstract is selected.
6. Submit your entries through this Google Form <https://forms.gle/uKwXm5YL1HCCxF5Y6> on or before 10th April, 2025

PHOTOGRAPHY - SCIENTIFIC

1. Delegates can submit up to two entries per category: (i) Clinical category
(ii) Non-clinical category
2. Clinical category – can include slit lamp biomicroscope, corneal topography, anterior or posterior OCT, and other ocular photographs
3. Non-clinical category – Topic: “Two optical phenomenon in single frame”
4. Submit images in one of the following formats: PNG, JPG, JPEG, or TIFF
5. Captions or description should not be more than 100 words and should contain the author’s name with appropriate affiliations
6. The images must remain in a non-modified manner and should not contain any identifying facial features.
7. Images will be graded based on the focus, exposure, image quality, illumination, description about the image and the “WOW” factor
8. Submit your entries through this Google Form <https://forms.gle/uKwXm5YL1HCCxF5Y6> on or before 12th April, 2025

VIDEOGRAPHY - SCIENTIFIC

1. Delegates can submit up to two entries per category: (i) Clinical category
(ii) Non-clinical category
2. Each video should be maximum of 1 minute in duration
3. Submit the video in .mp4 format
4. Clinical category – any clinical representation, case reports and case series can also be presented as video
5. Non-clinical category – topic: “Public awareness video on any of these condition – Myopia, Glaucoma or Visual Impairment”
6. Captions or description should not be more than 100 words and should contain the author’s name with appropriate affiliations
7. The video must remain in a non-modified manner and should not contain any identifying facial features.
8. The video will be graded based on the focus, exposure, video quality, illumination, description about the video and the “WOW” factor
9. Submit your entries through this Google Form <https://forms.gle/uKwXm5YL1HCCxF5Y6> on or before 12th April, 2025

MODEL MAKING COMPETITION

1. Can be a display or working model
2. Models related to Optometry are welcomed
3. A team can have up to 3 members
4. Should be prepared with a 3-minute description of the model
5. Submit your team member's name through this Google Form <https://forms.gle/uKwXm5YL1HCCxF5Y6> before 12th April, 2025

QUIZ COMPETITION

1. Only undergrad (B.Optom) students can participate
2. Preliminary round will be "Fastest Finger First" – should have only one mobile per team
3. Should present at the allotted hall on the mentioned time
4. Top 5 teams will be selected for the final round
5. Finals have multiple rounds (Ocular anatomy & Physiology, Visual optics, Binocular vision, Dispensing optics, Contact lens, Low vision aids and Clinical Optometry)
6. Quizmaster's decision is final
7. No restriction on the number of teams per college
8. Submit your team member's name through this Google Form <https://forms.gle/uKwXm5YL1HCCxF5Y6> before 12th April, 2025

GROUP SINGING

1. 2 to 4 participants are required per team
2. Time limit: 4 minutes
3. Karaoke has to be provided by the participants
4. Songs can be in any language
5. Use of instruments is optional and should be arranged by the participants.

SOLO SINGING

1. Only one participant is allowed
2. Time limit: 3 minutes
3. Karaoke has to be provided by the participants
4. Songs can be in any language
5. Use of instruments is optional and should be arranged by the participants.

SOLO DANCE

1. Time limit: 2 minutes.
2. Participants must bring their own costumes; costumes will not be provided by the college.
3. Songs can be in any language
4. Track has to be provided by the participants

GROUP DANCE

1. 4 to 6 participants are required per team
2. Time limit: 5 minutes.
3. Participants must bring their own costumes; costumes will not be provided by the college.
4. Track has to be provided by the participants

RAMP WALK

1. Maximum of 4 participants per team
2. Time limit: 5 minutes (including setup and performance)
3. Theme: Optical Illusion.
4. Indecent dressing is strictly prohibited.
5. Participants must bring their own costumes; costumes will not be provided by the college.

FACE PAINTING

1. Theme: Basics to Brilliance.
2. A team event consisting of 2 members (one painter and one model).
3. Time limit: 45 minutes.
4. Participants must bring their own painting materials; materials will not be provided by the college.

*** Any form of obscenity, including in songs, attire, or gestures, is strictly prohibited in all contests**

ADZAP

1. A group event with maximum of 6 members.
2. Time limit: 3-4 minutes.
3. Topic will be provided 10 minutes prior - participants must prepare and present their advertisement within the given time.
4. No props are allowed.
5. The advertisement must not contain abusive language or content that offends culture, language, religion, or region.
6. Participants must be present in the event area 15 minutes prior to the competition.

EARLY BIRD REGISTRATION

(Until March 30, 2025)

STUDENT CATEGORY: ₹1800

REGULAR CATEGORY: ₹2200

REGULAR REGISTRATION

(Until April 10, 2025)

STUDENT CATEGORY: ₹2200

REGULAR CATEGORY: ₹2600

**Concessions are available for bulk registrations.*

ACCOUNT DETAILS



Account Name	School of Allied Health Sciences
Account No	279201001054
Branch	VEERAPANDI
IFSC	ICIC0002792

CONTACT DETAILS

+91 7708401835
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REGISTRATION LINK :

<https://fahs.ac.in/reg/vopto-2025>