



SCHOOL OF ALLIED HEALTH SCIENCES

(An ISO 21001 : 2018 Certified Institution by QCI, NABCB Approved TUV-SUD)

VINAYAKA MISSION'S RESEARCH FOUNDATION

(Deemed to be University), SALEM

VIMS Hospital, Salem | Puducherry | Chennai

VMRF - DU (Declared Under Section 3 of the UGC Act, 1956) (Accredited by NAAC 'A' Grade)



Department of Optometry

Organizes

V-OPTO 2025

Clinical Workshop

Theme : " Basics to Brilliance "

PROGRAM SCHEDULE

APRIL 18, 2025

8:00 am - 9:00 am

Registration

9:00 am - 9:05 am

Tamizh ThaaI Vaazhthu

9:05 am - 9:10 am

Lamp Lighting

9:10 am - 9:15 am

Welcome Address

Prof. Tamilchudar R

Administrative Incharge - FAHS, VMRF-DU, Salem

Head - Department of Optometry, SAHS, VMRF-DU, Salem

9:15 am - 9:30 am

Keynote Address

Prof. Dr. Sendilkumar B

Dean - Allied Health Sciences

VMRF-DU, Salem

Session 1: Expert Sessions

9:30 am - 10:00 am

Expert Session 1

Dr.R.Krishna Kumar

Freelance Optometrist, Doorstep FREE Geriatric Eyecare, Chennai

Advisor - Department of Optometry, Sankara Nethralaya, Chennai

Topic : "Empowering Eye Health: The Optometrist's Role in Promotive and Preventive Care"

10:00 am - 10:30 am

Expert Session 2

Dr.Rashima Asokan

Head - Occupational Optometry Services, Sankara Nethralaya, Chennai

Professor - Elite School of Optometry

Topic : "Optometry and Public Health - Transformation in Eye Care Delivery"



10:30 - 10:45 am

Expert Session 3

Dr.S.Thanikachalam

Eye Specialist Gr-1

Govt General Hospital, Puducherry

State Programme Officer (Puducherry) - NPCBVI

10:45 - 11:00 am

Tea Break

11:00 am - 1:00 pm

Session 2: Hands-on Session (Parallel Sessions), Scientific Competitions

Binocular Vision: Team 1

Contact Lens: Team 2

Dispensing Optics: Team 3

Low Vision: Team 4

11:00 am - 1:00 pm

11:00 am - 12:00 pm

Poster / Model Presentation (Team 3,4)

12:00 pm - 1:00 pm

1:00 - 2:00 pm

Lunch Break

2:00 - 3:00 pm

Quiz Preliminary Round

3:00 pm - 5:00 pm

Session 3: Hands-on Session (Parallel Sessions), Scientific Competitions

3:00 pm - 5:00 pm

Binocular Vision: Team 3

Contact Lens: Team 4

3:00 pm - 4:00 pm

Dispensing Optics: Team 1

Low Vision: Team 2

4:00 pm - 5:00 pm

Poster / Model Presentation (Team 1,2)

5:00 pm - 5:30 pm

Tea Break

6:00 pm - 7:00 pm

DJ

APRIL 19, 2025

9:00 am - 11:00 am

Session 4: Hands-on Session (Parallel Sessions), Cultural Competitions

9:00 am - 11:00 am

Binocular Vision: Team 2

Contact Lens: Team 1

9:00 am - 10:00 am

Dispensing Optics: Team 4

Low Vision: Team 3

10:00 am - 11:00 am

Face Painting Competition (Team 3,4)

11:00 am - 1:00 pm

Session 5: Hands-on Session (Parallel Sessions), Cultural Competitions

11:00 am - 1:00 pm

Binocular Vision: Team 4

Contact Lens: Team 3

11:00 am - 12:00 pm

Dispensing Optics: Team 2

Low Vision: Team 1

12:00 pm - 1:00 pm

Face Painting Competition (Team 1,2)

1:00 - 2:00 pm

Lunch Break

2:00 - 3:00 pm

Quiz Final Round

3:00 pm - 6:00 pm

Session 6: Cultural Competitions (Parallel Sessions)

3:00 pm - 4:30 pm

Solo & Group Dance

Solo & Group Singing

4:30 pm - 6:00 pm

Rampwalk & ADZAP

6:00 pm - 6:25 pm

Valedictory Ceremony

6:25 pm - 6:30 pm

Vote of Thanks